

Child and Family Behavioral Health Policy and Planning Committee

Meeting Summary October 13, 2005 Henrico Training Center – Richmond

Welcome/Introductions/Celebrations

Fran Gallagher opened the meeting with welcome, introductions and individual members' celebrations. Highlights from celebrations: Fran described Medical Home Plus and updated committee about the newly formed family coalition VAINFO; Shirley related the formation of a committee that will be looking at use of non-mandated funds, Don related Commonwealth Center's plan to celebrate its 10th anniversary in our new building including hosting a conference related to children in the summer of 2006, Robin described CHIP plans for a celebration in 2006, Carolyn related celebrating Henrico CSB 10th anniversary Intensive Home Services, Pam celebrating hiring a TA Coordinator for the northern region, Kay Frye celebrated work of this committee and other committees looking at the behavioral health needs of children across the Commonwealth, Sandy Bryant celebrated integrating GAINS evaluations with CMHC (clinical behavioral health system-Central Virginia's ITS system) with GAINS clinical system within the year. This has potential for other CSBs who use CMHC. Joyce celebrated PACCT transitioning to becoming the Virginia chapter of Federation of Families. Gina, Child and Adolescent Task Force, OCFS, advocacy groups coming together around children's issues, system of care grants, exciting time and full of hope. Stacie, no facility has been closed.

Review/Adopt September Meeting Summary

Changes to the meeting summary
Page 3 add bullet- VACSB Office's advocacy efforts
First bullet – awards up to \$475,000
Catherine moved, Beth R. seconded, meeting summary approved.

Update on September "Next Steps" and other Relevant Activities

- 330-F Governor's Report/Information Dissemination Efforts

There were efforts to disseminate the report widely. It needs to go to state agency heads, shared with SEC, etc. Although widely distributed, no written comments have been received about the report. Commissioner was supposed to present report to the JCBH however this item was taken off the agenda. The report will be presented at the October meeting of JCBH. The Department has adopted the report. Information about the October 25th JCBH meeting will be sent to committee.

- Legislative Action sub-committee, meetings have been held with Kilgore's staff. Overview about children's mental health, parent's perspective of the system, focus was on the parents, issues were reviewed and offer of continuing dialogue

about children's issues and the committee serving as a resource after the election. The meeting was positive and worthwhile and provided factual information about children's mental health issues. Fact sheet was provided as a handout. This meeting was followed with a meeting with Kaine's office. Provided more in-depth information and details about the report. Kaine provided ideas about earlier identification and representatives raised concerns about the need to build capacity. Provided information about this committee serving as a resource. The full report was provided to Kaine. Mary D-S also spoke with Potts staff. Some other issues from the previous meetings; connecting with legislators on the finance committees, Mary asked members to sign up for contacting individual senators and delegates prior to the legislative session. Mary stressed the importance of individual contacts. Individual legislators who Mary met with asked for prioritizing recommendations. Mary and Brian also made contacts with the Richmond Times Dispatch editorial board, commentary piece or an Op-Ed piece or guest writer series. Writer from the Richmond Magazine will come to the November meeting, very interested in services for children, especially interested in autism. What has influenced legislators is the diversity of the membership of the committee. Mary D-S sent recommendations to Joe Flores. Leah suggested follow-up with senate and assembly staff, asking if committee members can present information from the report to the legislative finance committees. Mary Dunn Stewart related discussion with Senator Houck; following Governor's lead and not spend money on "new" initiatives. Spending is an expansion of existing programs.

- Interagency and family input to the budget for non-mandated funds: non-mandated funds has been a controversial pot of funds, OCFS is seeking interagency participation and family involvement in use of funds. Meeting is planned with OCFS staff in collaboration with VACSB on the use of funds. The Department's guidance about use of funds was intended to be flexible and encouraged collaboration at the local level in planning for services for the non-mandated population. Collaboration across agencies at the local level has not occurred statewide.
- Policy Academy (Re: Reducing Custody Relinquishment and out-of-state placements). Sponsored by Georgetown University, team from Virginia will look at the issues related to custody relinquishment and out-of-state placements. The OCFS has put together a list of issues Virginia would like to address at the policy academy. The academy will provide the opportunity for Virginia to address the issues related to custody relinquishment.
- Role/Relationship between SEC and 330 F. Update provided at the SEC raised questions about whether this committee was creating another silo. Need further discussion about how the two groups will work together, clarification about roles, eliminating confusion, educating SEC about 330 F. At the last SEC meeting there was a presentation about 330 F, the SEC feels they are responsible for children's services including mandated and non-mandated. The issue is that children must meet certain criteria. Some SEC members feel all children should go through CSA. All members of the SEC did not endorse the 330 F report. On-

going dialogue has been occurring with DJJ about use of non-mandated funds and whether all behavioral health funds should flow through the Department or CSA. It was stressed about the importance of bringing the members of the SEC along, the issue was collaboration, are efforts duplicative. There is need for education about how all of this will work. SEC will hold an evening meeting in November. More information will be given to committee; Fran encouraged parents to attend the November meeting to provide their perspective to the SEC. This committee has eliminated a silo by merging the Special Populations workgroup and 330 F committee; two purposes, to give voice to the Department about children's issues, information to the Commissioner on kids and transformation and the Department's strategic plan. Committee needs to think about strategies for how to relate to the Chair of the SEC once Secretary Woods leaves office.

Family Involvement/Support Update

- Fran encouraged members to contact nmitchell@medhomeplus.org and let her know about interest in receiving information about the Family Coalition (VAINFO). Fran reiterated the plan to work with Georgetown for TA to engage in a strategic planning process to transition individual family support groups into the newly formed coalition. Central focus of the group is children birth to 21 across all disabilities. Using National Family Voices and other national resources, Family-to-Family Health and Education Center to identify children who are falling through the cracks. Fran suggested a presentation at a future about the Family Coalition.
- Shirley described the Kinship Care Training and encouraged individuals to attend the training to learn about issues affecting women and children affected by substance use, topics include financial issues and options for non-parental caregivers who parent, how to access support groups, generational issues, etc. Members would like brochures available electronically to disseminate to appropriate groups.

Committee Work Sessions

- The message and process committees met to continue the work from the previous meeting regarding content to share with various constituencies and meeting with legislators and enlisting support for the committee's recommendations.

Report Outs – Discussion - Committee Members

Message Committee – task to pull together what has already been done

- Format of the Fact Sheet will remain the same. Bullet # 4 will be moved up to bullet # 2 and a few changes to make it different and more readable and bring out the points the committee felt were important.
- Different color paper, vary heading, add graphics.

- Since this committee is a state committee it cannot “sponsor” the fact sheet VAINFO has offered to funds to assist with broad dissemination of information.
- Letter available to parents to write to legislators about what children need and are not receiving. Template letter.
- Third document – committee discussed the need for a second document/letter for service providers and others who may want to contact their legislators. Fran and Don will work on this form and bring back to committee for feedback.
- Figures need to be checked for accuracy related to spending for out-of-state residential care however; the point cannot be lost that money is spent for residential placements.
- Around this discussion about the accuracy of the amount of funding spent for out-of state placements, Kim McGaughey indicated she would send language for the Fact Sheet. The language reads as follows:

In fiscal year 2004, more than one out of four CSA children (27%) received residential services, accounting for approximately 47% of CSA's state pool expenditures. Residential services include group homes, residential treatment facilities, and psychiatric hospital care. (Office of Comprehensive Services, CSA Data Set)

It is included for changing the information in the Fact Sheet and is for use by committee members.

- One out of four children is placed in residential care and this accounts for 47% of the CSA budget.
- Can letter and template letter be posted on the Family Voices network as well as Medical Home Plus' website.
- Anticipating several groups endorsing these recommendations, VACSB has already endorsed the recommendations. Adding the organizations that endorse/support recommendations as delineated in the Fact Sheet of the committee, send to the committee, i.e. the individuals who indicated they would seek support of respective organizations. At the request of the Chair, as a reminder to committee members, the chart from the August meeting summary is attached to remind members about who to contact; for those who said they would seek endorsements, it is necessary to obtain documentation about the endorsement, i.e. meeting minutes, signatures, etc.

Organizations/Contacts	Contact Person
MSV	Harry
American Academy of Pediatrics Karen Talbert	Mary Dunne-Stewart, Harry
VACSB	Gina, Sandy
VACSB C&F Task Force (Oct 7 th Roanoke)	Sandy, Beth R., Brian
VA Network of Private Providers	Mary Cole

Organizations/Contacts	Contact Person
(Sept 14)	
Va Coalition for Students with Disabilities (Sept 7)	Harry
C&F Coordinators (Sept 9)	Shirley, Gina
SEC (Sept 20)	Kim
VACO – Jeff Gore	Kim, Mary D-S
VML – Janet Areson	Kim, Mary D-S
VA Association Local Human Services (VALHS0)	Mary D-S
V League Social Services Directors – (Chris Spanos)	Mary D-S Jeanne Smith
JJ Coalition	Mary D-S, Joanne Smith (detention centers)
Statewide Family Coalition	Fran G., Brian
Mental Health Planning Council –Children’s Committee (Retreat in Oct)	Fran, Shirley, Janet L.
American Academy Family Physicians (Terry Schulte)	Fran, Harry
VA NAMI Coalition (3 rd weekend in Sept)	Mary C
MR Council	Mary C
Court Services Units Directors	Lee Goldman, Jeanette DuVal
Special Education Directors	Don Roe
VCOPPA –Heather Greenwell	Gina W.
VA Association of School Health Nurses	Harry
State Special Education Advisory Council	Shirley
PSV (Psychiatric Society of VA)	Bela Sood
Special Populations	Sandy, Don

Organizations/Contacts	Contact Person
Workgroup	
MR Special Populations Workgroup	Barbara Shue
SA Council-VACSB Ken Batten	Sandy, Gina
SAARA – Jim May	Beth R.
ARC	Fran, Vicky H-M

- Fact sheet with endorsements will be disseminated to various groups to send out for support for the recommendations.
- For legislators, quote the original budget language on the Fact Sheet, line number and the year...the budget language.
- Endorsements can be sent to the family network. Fran Gallagher at 804-264-8426.

Process Committee

- Initial education visits, handing copies of the report, giving Fact Sheet is available with recommendations for.
- Once the Governor's budget is released then seeking patrons for the recommendations. Coordinate with sub-committees and full budget committees to focus on moving the recommendations.
- List of legislators was e-mailed to the committee; there are several legislators without people who volunteered to make contacts about the report and its recommendations.
- Remind individuals that if they make contact with legislators, they need to focus on this report.
- Media – Times Dispatch taken care, Gina has volunteered to contact Roanoke newspaper, Vickie will make contacts for the Virginia Pilot and Freelance Star.

Next Steps/November Agenda Items

- Prioritizing the recommendations from the report.
- Endorsement updates and review sponsor list
- Update SEC and 330 F collaboration
- Richard Foster – discussion about autism
- Issues to focus on for the 2006 report

Meeting adjourned.